

Team Connections



SUNRISE YOGA

60 minutes

\$750

Embark on a journey of self-care with gentle stretching, focused breathwork and guided relaxation. Emerge revitalized and equipped to conquer the day with newfound vigor.

MEDITATION & BREATHWORK

60 minutes

\$1000

Take a deep breath, relieve stress and frustration. Learn simple breathing and meditation techniques to support your work day, enhance spiritual and mental health. Leave feeling prepared to tackle anything that comes your way!

SOUND HEALING

90 minutes

\$1250 - \$75 for each additional guest

Immerse in sound's transformative magic during a meditation and sound healing session. Surrender to therapeutic sounds from crystal singing bowls, chimes and tuning forks. Leave feeling refreshed and open to new ideas.

FOREST BATHING

90 minutes

\$750 - \$50 for each additional guest

Practice this Japanese art of ecotherapy with a guided walk through Elora's beautiful park system. Forest bathing is a physiological and psychological exercise meant to help you reconnect with nature and a natural antidote to technology burnout.

**All classes, unless otherwise noted, are a 10 guest minimum*

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CREATE YOUR OWN “MASTERPIECE”

90 minutes

\$1250 - \$100 for each additional guest

Elora has always been an inspiration to great artists and is still home to many. Allow one of our local artists to ignite your imagination and creativity as you explore your inner Rembrandt. Laugh as you challenge yourself to think differently and take home your own original piece of art.

FLORAL CENTERPIECE WORKSHOP

90 minutes

\$1250 - \$100 for each additional guest

Guided by a skilled designer, explore the art of crafting floral arrangements that mirror nature's elegance and diversity. Take home your own botanical centerpiece and infuse your space with natural beauty and a connection that endures beyond the session.

WOOD BURNING WORKSHOP

2.5 hours

\$1500 - \$125 for each additional guest

Work with one of our talented artists and experience the ancient artform of pyrography. Learn to draw and burn your own charcuterie board that you will take home and enjoy for years to come.

A STROLL THROUGH ELORA'S PAST

90 minutes

\$750 - \$50 for each additional guest

Step back in time as you wander alongside local historians through the rich historic streets of Elora. Relish scenic views of the Grand River and the elegant limestone structures that grace all of town. Immerse yourself in the tales of resilience, triumphs, and community spirit that have shaped Elora into the thriving tourism hub it stands as today.

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FISHING THE GORGE

2.5 hours

\$2500 per group, maximum of 8 guests

Experience one of Elora's favourite pastimes with your team as your group delves into the world of river fishing with a local expert. Be surrounded by the natural beauty of the Elora Gorge and the Grand River while you walk along the rocky pathways to discover the local hot spots and fish for a variety of species.

*Fly fishing can be accommodated by special request. Inquire for more information.

NATURE WALK - A BREATH OF FRESH COUNTRY AIR

90 minutes

\$750 - \$50 for each additional guest

Discover the allure of Elora's natural wonders and picturesque pathways. Amidst the embrace of centuries-old trees and towering 22-meter limestone cliffs, this distinctive landscape offers and unparalleled communion with nature. Join a seasoned guide and embrace the great outdoors in its finest form.

MASTER THE ART OF SOURDOUGH

90 minutes

\$1000 - \$75 for each additional guest

Unlock the art of crafting exceptional sourdough bread through a hands-on experience that balances learning with camaraderie. Gather your team for a light-hearted, social activity that promises both fun and engagement. Our bakery experts will guide you through each step to create the quintessential loaf.

CUSTOM COOKING CLASSES

Minimum of 90 minutes

Starting at \$1250

Work with us to create an unforgettable culinary journey. Elora Mill is known for its outstanding croissants, house made pastas, handcrafted French caramels, creating the ultimate beef wellington and cooking over wood fire. Learn from our team of experts and engage in the art of cuisine and the ultimate in deliciousness.

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WINE TASTING & EXPLORATION

1 - 2 Hours

3 - \$70 per person, 5 - \$85 per person, 7 - \$100 per person

Whether you're an oenophile or a budding enthusiast, elevate your appreciation for the world of wines through a guided experience led by our sommelier. Uncover the intricacies of grape varieties, regions, and styles as you discover the art of assessing a flight of wines like a true connoisseur.

DISCOVER THE WORLD OF SCOTCH WHISKEY

90 minutes

\$1250 - \$125 for each additional guest

Dive into the captivating world of scotch whisky—a spirit that embodies allure and sophistication, yet often remains enigmatic. Our exclusive tasting experience is a gateway to unraveling the complexity and grandeur that scotch whisky encapsulates.

MASTER MIXOLOGY - THE ART OF HAPPY HOUR

90 minutes

\$1000 - \$75 for each additional guest

Immerse yourself in the delightful world of beverage as we guide you through the crafting of classic cocktails. Play bartender and learn to mix, shake and stir. This interactive group session will bring out the best of your team and make an unforgettable cocktail hour.

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